



## “I’M DELIGHTED TO BE HOME NOW, BUT MY STAY WAS INVALUABLE”

“The Albert Suites can accommodate people for all lengths of stay, but I would encourage those who have had a stint in hospital to think about coming in for a week or two weeks of recovery, rather than rushing home. While many of us want to get back on our feet, it is important to take time to convalesce.”

“I stayed for two weeks because my husband was working overseas and I needed that extra support to recover. There wasn’t any point in trying to go home on my own, only to grapple with the stairs, so I just thought I’d check in for a short stay at Albert Suites – one of the few facilities in central London.”

“My time at the Albert Suites was very quiet and relaxed. I didn’t feel brilliant when I got there, but after two weeks spent focusing on my recovery, I left feeling quite feisty and ready to go. However, on arrival, I just needed to be looked after without anyone making a fuss. The staff at the Albert Suites were very good at that; they offered me a sense of discretion and my care was very tailored.”

“I went through an intensive period of rehabilitation with my physiotherapist at the Albert Suites. What no one tells you is that when you first have your hip operation, it is painful and you’re unable to do anything fast. However, I am a very impatient person so, after three days, I was up and walking with one stick because I was determined – but also because I had the right medical support and followed sensible advice. We built up my exercises steadily, initially using the onsite gym and working up to walking around Battersea Park.”

“I’ve gone back to my consultant since to tell him that he must send all of his patients to the Albert Suites. I’m delighted to be home now, but my stay was invaluable.”

